

Action Interest Group

AGEING SUSTAINABLY

CO-DESIGNING PROJECTS TOGETHER

TOGETHER

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WHAT?

- This action group will co-design research and action-oriented projects and initiatives with older adults to inform policy, practices and services
- Ageing Well, Sustainability, Health Promotion, Social Inclusion, Intergenerational, Interdisciplinary, Intercultural, Community-led, Green Spaces, Gardening, Green Care,



WHO?

- Older adults, academics, community leaders, NGOs, aged-care providers, advocates, students, and anyone who has a passion and interest in ageing, sustainability, and working with people!
- Strength-based approach guided by holistic and Indigenous values, models of health and ways of knowing.



WHY?

- Action oriented activities and projects that are evidence-based
- Connecting research with policy and practice
- To tackle social isolation, ageism (inter and intragenerational), loneliness,
- Improve community connectedness, quality of life, promote autonomy, competence
- Intergenerational, multistakeholder, multisectoral approach to connect the community to better support one another



WHERE?

Intercultural and International

Starting in Aotearoa, Australia, and the Pacific

The hope is to build a global network of researchers, advocates, communities, organisations, and people!

Increased focus on ageing well globally!!

Indigenous-led programmes and projects in Chile, Greenland, Japan, USA, Canada, Peru, Bolivia, and Mexico





WHEN?

NOW!!!

Meeting in late July to plan:

- Group name
- Key topics of focus
- Ideas
- Sub-groups
- Funding grants
- Pilot projects
- Next steps!

HOW?

Diverse range of projects and ideas

- Community gardens in aged-care
- Community painting and photo exhibitions
- Aged-care exchanges
- School and aged-care buddy networks
- Cultural workshops
- Educational events (Native plants, endangered species, experiences of people with Parkinson's, history, technology etc.)
- Adopt a native tree or garden
- Build a bird feeder or insect hotel
- Local competitions for sustainability project ideas

What are your ideas?

Click here to
add your ideas
to a
brainstorming
board





OUR GOAL

To co-create multi-stakeholder, interdisciplinary, intergenerational projects that aim to make sustainable, lasting changes in the community, policy, practices, services, beliefs and attitudes that promote advocating for a whole society focus on ageing that is led by older adults.

INTERESTED IN JOINING?

FILL OUT A QUICK INTEREST FORM :)

Click here for
the Interest
Form



Email:
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***Waiho i te toipoto,
kaua i te toiroa***

***Let us keep close
together, not wide
apart***