



UNIVERSITY OF
AUCKLAND
Waipapa Taumata Rau
NEW ZEALAND

DEMENTIA RISK REDUCTION FOR ALL

PUBLIC LECTURE | 27 FEB 9AM | ZOOM



Population-Level Approaches to Dementia Risk Reduction (PLADRR) aim to lower dementia risk across populations by emphasising collective action, equitable policies, and addressing inequalities. These strategies promote environments that support physical activity, better nutrition, education, and reduced smoking and drinking, among other factors. In this lecture, leading PLADRR scientists will introduce the approach, share recent research and insights, explore future directions, and explain why PLADRR are crucial for tackling unequal dementia risk in Aotearoa New Zealand.

09.00-09.15 | Welcome, Introduction & Overview



Associate Professor Susanne Röhr is an Auckland-based Atlantic Fellow for Equity in Brain Health at the Global Brain Health Institute (GBHI), specialising in research on the social determinants of brain health. In this welcome session, she will provide an introduction to and overview of the public lecture - and moderate the event.

09.15-09.45 | The Foundations of PLADRR



Professor Emerita Carol Brayne, University of Cambridge (UK), has been at the forefront of global research on dementia epidemiology and public health for several decades. In this talk, she will summarise the history and context of the field from which PLADRR has developed, including the evidence base that demonstrates the potential of a PLADRR approach.

09.45-10.15 | Developing the PLADRR Evidence Base: Recent Work & Future Directions



Dr. Sebastian Walsh is an academic public health doctor at the University of Cambridge in the UK, he has co-led several recent research projects to build upon the foundational evidence for PLADRR. In his talk, he will report the findings of these recent studies, and consider how the research group can maximise impact moving forwards.

10.15-10.45 | PLADRR for Aotearoa: Tackling Inequalities in Dementia Risk



Dr. Etuini Ma'u is a senior lecturer in Psychiatry at the University of Auckland and a consultant old age psychiatrist with Te Whatu Ora Waikato. His research focuses on Pacific mental health, old age psychiatry, and dementia prevention. In his talk, he will highlight the differing dementia risks across Aotearoa New Zealand's diverse populations, the significant societal costs of dementia, and the inequitable utilisation of dementia services.

10.45-11.00 | Q&A

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