

Knowledge Exchange Day

Friday, 17 April 2026

8.30 am – 5.30 pm

Building 501, Room 110

85 Park Rd,

Grafton, Auckland



Abstracts are on our website - <https://hopefoundation.org.nz/events/ke26-abstracts/>

Welcome

0830	Welcome and Zoom Etiquette for the day Dr Maree Todd , Chairperson of the Hope Foundation for Research on Ageing
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Session 1: The Brain

Chair:

0845-0900 HOPE Scholar	When to stop driving? An exploration into driving cessation decision making among people with cognitive impairment Kushalata Baral , Matthew Parsons, A Stewart
0900-0915	Using hearing games to train the cognition of older adults with mild cognitive impairment Reese Ducusin , Suzanne Purdy, Lynette Tippet, Joan Leung
0915-0930	Multimodal speech analysis for early detection of mild cognitive impairment: A scalable approach Muhammad Bilal , Waleed Abdullah, Gary Cheung, Lynette Tippet, Seyed Reza Shahamiri
0930-0945 HOPE Scholar	e-DiVA in Aotearoa, New Zealand: Where next with digital support for dementia carers? Tara Sani , Elisa Moller, Gary Cheung, Kathy Peri, Susan Yates, Hēmi Whaanga, Sarah Cullum
0945-1000 HOPE Scholar	Dance movement therapy and the experience of memory loss and mild cognitive impairment Ann Way , Suzanne Purdy, Joan Leung, Bonnie Meekums, Ralph Buck
1000-1015 HOPE Scholar	Modelling the ageing brain to better understand Huntington Disease Jess Kelly , A McCaughey-Chapman, N Grimsey, Bronwen Connor
1015-1030 HOPE Scholar	Advanced directives in New Zealand: The law, the lawyer, the user Annie Meates , Mark Henaghan
1030-1045	Questions and Catch Up

Morning Tea 1045-1115

Session 2: The Brain and clinical issues

Chair: Ngaire Kerse

1115-1130	Factors associated with mortality in people living with young onset dementia: A systematic review Jiixin Zhu , Xiaoge (Grace) Li, Gary Cheung, Brigid Ryan , Ryan San Diego
1130-1145	The effect of creatine monohydrate supplementation on cognitive function in older adults (age-related, non-clinical) Pratibha Sharma , David Rowlands, Aj Ali
1145-1200 ONLINE	Betting on silver and hoping for gold. A qualitative study exploring gambling motivation and behaviour among a sample of older adults living in New Zealand Otila Osbourne , Jason Landon
1200-1215	The effect of beetroot juice supplementation on blood pressure in high blood pressure adults Reder Mohammedsalih , Kaio Vitzel, Aj Ali, Marie Wong, Blake Perry, Mershen Pillay
1215-1230	Exploring predictors of malnutrition risk among older adults in Fiji Salanieta Naliva , Marlana Kruger, Tasa Havea, Carol Wham
1230-1245	Simple assessments of physical function, memory and weight loss improve mortality prediction in older patients with cardiovascular disease Steven Vates , Ralph Stewart, Katherine Bloomfield, Zhenqiang Wu

Lunch 1245-1345

Session 3: History Plus

Chair: Kay Shannon (HOPE Scholar)

1345-1400	Restorative justice perspectives of Aotearoa New Zealand's Operation Grapple Nuclear Test Veterans Judy Blakey
1400-1415	The history of Selwyn Village and trends in the housing of the elderly Peter Lineham
1415-1430	A feasibility assessment framework for age-friendly retrofit of existing housing in New Zealand Chen (Vincent) Qian , Don Amila Sajeevan Samarasinghe, Claire Flemmer, Vishal Kumar, Kelvin Zuo
1430-1445 HOPE Scholar	Organisational support for older registered nurses' continuation of practice. Chunxu Chen , Sara Napier, Eleanor Holroyd, Kay Shannon
1445-1500	Addressing ageism through nursing education: Preparing nursing students to provide culturally safe care for Māori Kaumātua in Aotearoa New Zealand Nesca Bowlin
1500-1515	Perceptions of eye and hearing care services in New Zealand's aged care services Lucy Goodman , Alehandrea Manuel, Jacqueline Ramke

Afternoon Tea 1515-1530

Session 4: Ageing well

Chair: Kathy Peri (HOPE scholar)

1530-1545 HOPE Scholar	“Ageing Together”: Intersectoral community-based support for the wellbeing of older Indian migrants in Aotearoa New Zealand Jayanthi Nagalingam , Kay Shannon, Eleanor Holroyd
1545-1600 HOPE Scholar	Experiences and perceptions of ageing and health in Aotearoa New Zealand Jenny Song , Matthew Parsons, Allison Kirkman
1600-1615 HOPE Scholar	World Teahouse: Co-designing social engagement and participation pathways for Mandarin-speaking Chinese older adults in a smart urban future Xi (Cassie) Wang , Cath Conn, Julie Trafford
1615-1630	An Inter-generational Participatory Action Research study on walking football for health and cultural adaptation among Chinese immigrant families Xiao (Zach) Zheng , Richard Wright, RO Ajiee
1630-1645 HOPE summer student	Outdoor fitness equipment as a resource for ageing well: An exploratory study Alexandria (Lexie) Sharp , Carl Webber, Janine Wiles
	CANCELLED Co-creating a framework to support older people’s digital inclusion in Aotearoa New Zealand Melanie Stowell , R Dobson, J McCool, V Nosa, R Whittaker
1645-1700 HOPE Scholar	Accessing music matters: Equity for older people in residential care Alison Talmage & Music Matters Research Development Group
1700-1715	Wrap up

Acknowledgements

Thank you to the research networks and researchers who have come to share their work.

Thank you to the University of Auckland and staff.

It is the HOPE Foundation’s aim to support and encourage Research in Ageing through funding research and scholarships, meetings such as this and education. We also seek to encourage collaboration between researchers on ageing.

Thank you to all participants

We ask that you spread the word about our work and ask you to please add at least one person to our mailing list from your wider networks who may be able to support us in our work.

If you can help with donations or volunteering time through supporting the Friends of the HOPE Foundation, please get in contact.

We encourage you to support the New Zealand Association of Gerontology’s Conference (2-4 December). We acknowledge



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their support and encourage you to join as members to further strengthen Research in Ageing collaboration and networking.



Scholarships allow scholars to devote more time to their research. Scholarships relieve financial stress and allows career development opportunities which may not otherwise be available if the student is required to work.

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